



Bratislava, January 26th 2018

Dear Presidents of IAIP Member Associations,

I would like to inform you about my activities and the results and ideas emerging from the first half of my presidency in IAIP. This also represents my further attempt to contact you, the representatives of IAIP member associations, this time by email.

After liaising with the members of the IAIP Board in order to learn about them and their ways of contributing to the functioning of the Association in July and August, in September I wrote to all the presidents of national associations using the list on the IAIP website. Two letters were returned: from Romania and from Israel. I received responses from Japan, France, Uruguay, Lithuania, USA (ICASSI), and subsequently from Israel, I had face-to-face meetings with the representatives of Austria and Hungary and gained some information about the situation in the UK, the Netherlands and USA (NASAP) by email, phone or in person.

In October I attended the "Lange Nacht der Museen im 2017" in Vienna. The Alfred Adler Center International (AACI) was also involved in the programme and, on this occasion, presented a new exhibition entitled "The Disruption and Continuity of Individual Psychology in Vienna - Time between 1930 and 1960" as well as on the occasion of the 80th anniversary of Alfred Adler's death. The exhibition is dedicated to the Austrian pioneers of this period. As a result of the expulsion and murder of the Jewish individual psychologists, the Austrian association came to an end. However, a few individual psychologists were able to resume their work after 1945. The exhibition largely consists of posters with information in the German language about this period, which are accompanied by illustrative photographs. At the opening of the exhibition several lectures were held. The first presenter was Clara Kenner, the author of the title "The Disrupted Sky: Emigration and Exile of Viennese Individual Psychology" (Der zerrissene Himmel: Emigration und Exil der Wiener Individualpsychologie) and she provided information about this publication. The subsequent speakers were Gertrude Bogyi and Wilfried Datler, who referred to the messages of Individual Psychology in the texts of the Austrian fairy-tale writer Christine Nöstlinger. The final lecture on individual psychology was presented by Christine Rosche. In the course of the event I met former IAIP president Wilfried Datler as well as having significant discussions with IAIP Treasurer, Horst Gruener and the president of the Austrian Society for Individual Psychology, Peter Zumer, and his colleagues.

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In November I was invited by the Hungarian Association of Individual Psychology to give a lecture about Adlerian Ethics and take part in their Professional Day when they celebrated the 90th anniversary of the establishment of their Association (MIPE). The first lecturer was the honorary president of MIPE - Dr. Kárpáti Gyöngyvér. Her lecture was devoted to what resonates with her and what she considers most important in the field of Individual Psychology as a result of her thirty years' experience in leading Adlerian groups of self-discovery. My contribution was about the new publication, written in tandem with my colleague, Dagmar Marková. As the title of the book "Adlerian Ethics: Applications in Counselling and Psychotherapy" suggests, the lecture was devoted to the main pillars of ethics in individual psychology - Gemeinschaftsgefühl, equality and freedom, and responsibility. The lecture was illustrated by some case studies from my private practice. The final lecture was presented by the MIPE Vice-President, Csorba János, who practises as a child psychiatrist. He spoke on the history of Individual Psychology in Hungary, but especially about the intellectual heritage and contribution of Dr. Emma Bíróné Gráber. The heartwarming end to this day was devoted to expressing respect and thanks to retiring colleagues for their contributions and long-term work.

In December I took a group of my Comenius University in Bratislava students as well as Erasmus+ students from the Individual Psychology course on a study trip to Vienna. We visited the Vienna Central cemetery where Adler is buried, were given a lecture by the wonderful and knowledgeable Anita Schedl at the Alfred Adler Center International and visited the Cafe Central. This event was so much appreciated that there is a call from another university (the Pan-European University) to take part in such a visit. In December and early January I spent a week in London and had an opportunity to gather some information and potential help from a local member of the Adlerian Society and the Institute for Individual Psychology of Great Britain, Paola Prinai.

In early January I wrote to IAIP Board members, informing them about my activities for the first six months as IAIP president and asking for their feedback. Their responses were largely supportive and identified issues which require further discussion. I regard this as a normal part of the management process.

From the information I have gathered, my conclusions are that the member associations need to be regularly informed on the activities of the Board and on other activities, and that this process is now in hand:

- I have decided to write you a **letter** detailing the main IAIP activities twice a year.
- Another way to bring more life into our association is to make our **website** <http://www.iaipwebsite.org> more modern and interactive.

- Our **Facebook** site *International Association of Individual Psychology - IAIP* has achieved a 30% accrual since September (774 likes) - we should make more use of it as it is evidently an effective, quick and low-cost means of mutual communication.

I would suggest that, at the outset, there is a need to use these three platforms of communication more frequently and purposefully.

In order to know about ourselves and facilitate greater collaboration within the IAIP institutional framework, there is also a need to:

- Create a **list** of active local psychologists, psychotherapists, counsellors, educators and a map of such a network of Adlerian professionals.
- **Assemble information** on education in Individual Psychology in different countries – at university levels as well as at training institutions.
- Organise a one-day **conference** at the Alfred Adler Center International on an annual basis, to be held in the intervening years between the IAIP congresses.

Thanks to the prompt response of our Austrian colleagues, we can announce the date of the first IAIP conference: make a note in your diary for November 19th 2018. This will create the opportunity to meet face-to-face at our beautiful Alfred Adler Center International in Vienna, spread examples of best practice in Individual Psychology and discuss the activities of IAIP.

In addition, we are in the process of gathering information about education in Individual Psychology. You will be receiving a Google Form Inquiry to be completed, sent from adler.org@gmail.com. Kristina Siroka will be completing this inquiry under my supervision. Following this analysis, the plan is to draw up criteria for the accreditation of Individual Psychology Training Courses by IAIP – hence it is most important that you complete the inquiry.

I would like to express my thanks to you for all your support and for your readiness to contribute. I believe that, together, we will find, establish and maintain a functional code of contact and communication between the Board and the IAIP members, either individuals or associations, filled with *Gemeinschaftsgefühl*.

Best wishes,

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